



# FOR FAMILIES: SUPERHERO SOCK DAY

## **Our Jigsaw School Power Squad**

### What is Superhero Sock Day?

During Anti-Bullying Week, our school is celebrating superpowers we all have inside us! Your child will be invited to come into school wearing mismatched socks on Monday 10th November 2025, where each sock represents a different dimension of their "power for good."

#### What Your Child is Being Invited to Do:

- · Your child is being invited to wear odd socks to school two different socks from different pairs!
- Think about their inner superpower (what they're already good at)
- · Consider their action superpower (how they can help others)

#### Perfect Chance for Old Odd Socks!

Have you got any old socks that need a moment to shine? This is their time! Mismatched, colourful, patterned, plain - the more different, the better!



**Inner Powers:** Being a good listener, problem-solving, making others laugh, being brave, being kind, helping others learn

**Action Powers:** Standing up for others, including new children, helping classmates, caring for our environment, being a good bystander

#### How you can help at home:

- Help your child choose their special odd socks
- Talk about what makes them special and unique
- Discuss how they can use their strengths to help others
- Remind them that everyone has superpowers we just need to discover them!

Remember: Every child is a superhero in their own special way! Together, we can create a school where everyone feels valued and supported.