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Dear Parent/Carers.

## **REMINDER - NUT ALLERGY AWARENESS**

Further to the letter that was sent out in September, this is to remind parents/carers that we currently have pupils and a staff member with a life-threatening nut allergy.

## PLEASE DO NOT SEND ANY TYPE OF NUTS OR PRODUCTS CONTAINING NUTS AS SNACKS OR WITHIN LUNCH BOXES.

We are seeing an increasing number of the following types of food coming into school, which people may not associate with containing nuts:

- Kinder Bueno bars & Happy Hippos
- Reeces chocolate bars
- Nutella or chocolate spread containing nuts on sandwiches
- · Peanut Butter spread

If you are in any doubt, please do not send them into school and source an alternative product.

Please never treat food allergies lightly as they can be serious and life threatening and always tell your child not to share their food. Also encourage your child to frequently wash their hands after eating and before/after school, this reduces the spread of viruses during the school year and helps protect food allergic pupils/staff.

Thank you for your continued support.

Dawn McAughey Headteacher





