

Headteacher: Dawn McAughey Address: Thornbridge Avenue, Sheffield, S12 3AB

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January 2023

Dear Parents/Carers,

As you are aware the Year 4 children will soon be participating in swimming lessons at Springs Leisure Centre. These lessons will take place on a Monday morning and will run for the remainder of the academic year. The first lesson will take place on **Monday 19th February 2024.** The swimming sessions will then continue each Monday during term time excluding bank holidays. Please see below;

Week	Block 2		Notes
	12th February	HALF TERM	No swimming lessons all week
1	19th February	Frist Day Play (normal lesson	if schools are doing 36wks/12wks etc)
2	26th February		
3	4th March		
4	11th March		
5	18th March		
6	25th March		No swimming on Friday 29th March (Bank Holiday)
	1st April	EASTER	No swimming lessons all week
	8th April	EASTER	No swimming lessons all week
7	15th April		
8	22nd April		
9	29th April		
10	6th May		No swimming on Monday 6th May (Bank Holiday)
11	13th May		
12	20th May		
	27th May	SPRING BANK	No swimming lessons all week
13	3rd June		
14	10th June	Water Safety	
15	17th June	Distance Assessment Week	
16	24th June	Water Safety	
17	1st July		
18	8th July	Last week of swimming for	r block 2 schools
		15th July - Normal lesson to replace Monday 6th May	

The children will travel to and from the venue by coach. Children will be accompanied by members of staff and there will be at least three swimming teachers who will teach the lessons. It is important that your child arrives to school ready on time or they could miss their lesson for that week.

Please make sure that your child comes to school 'Beach Ready'. This means with their swimming attire underneath their uniform and underwear in their bags for afterwards. Please make sure to provide a towel and a carrier bag for wet costumes. Your child will have to change independently so please think about making this as easy as possible for them. Please make sure all items are labelled with your child's name where possible. We would suggest that children don't bring book bags on this day so that they have less to carry.





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Some examples of appropriate swimwear which would be acceptable under the guidance are:

· One-piece swimsuit

- · Tankinis (long top)
- Bikinis
- · Skirted swimsuits / swim dress
- Swimming trunks
- · Swimming shorts
- · Fitted lycra t-shirt or leggings under swimwear

It is recommended that bikinis, tankinis and swim shorts should be fitted with a drawstring. Bikini tops should be appropriate for learning to swim.

The following rules are set by Sheffield City Council and MUST be adhered to:

- Long hair must be tied up swimming caps may be worn.
- Earrings must be removed by the child. If possible we advise that children should not come to school in earrings on the day of their swimming lessons. If your child has just had his/her ears pierced and you do not feel that the earrings can be removed until the end of the period advised, they will be unable to participate in the lessons.
- If your child has asthma he/she must bring his/her inhaler otherwise they will not be able to swim.

Children are advised not to wear goggles unless they have a medical necessity for them. The children will all be entered for a compulsory assessment when they are in Year 4 which is part of the National Curriculum Swimming Standards and goggles are not allowed to be worn during the assessment. If your child does need to wear goggles as their eyes are prone to be affected by the chlorine, we will need you to inform your child's class teacher and a form will need to be completed.

It is of the utmost importance that all children have had some experience of a swimming pool environment before attending the first session. If this is not the case, please inform your child's class teacher as soon as possible so that they are aware of this in advance.

Please do not hesitate to contact your child's class teacher if you require any further information.

The Year 4 Team





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